

## Big Idea: Heads Up (Signs of Hope)

Jesus reminds us to have hope in Him, even when we are worried or scared. We are reminded that Advent is a time of hope.

## Bible Story: [Luke 21.25-36](#)

Jesus said to his disciples, 'The time will come when there will be signs in the sun, the moon and the stars. There will be roaring seas and confusion on earth. It will seem like the world is in danger. People will be very afraid of what might happen, and that even the power of heaven is being shaken! It is then that people will see the Son of Man, coming with power and great glory. 'Now when these things happen, stand tall and proud; hold your heads up high, because freedom from all that is evil will be very close.' And he told them a parable. 'It's like the buds that you see on the trees every year – they are signs that summer is near. It's just the same with these other things that I'm telling you about. They will be signs that the kingdom of God is near. 'Believe me, even if everything else disappears, the truth of my words will last for ever. So be careful; don't get weighed down with worry or drawn into what is not good. Be on the lookout! Pray for strength and make yourself ready at all times, for we don't know the day when the Lord will come.'

## I wonder...?

- What does it feel like to have hope?
- How do you think the disciples felt when Jesus told them about the confusion that would come?
- How can we help others notice the signs of hope in the world?

## Creative Activity: Window symbols of hope

**You will need:** A4 paper (black if possible) glue, pens, coloured tissue paper o

### You will need:

During the COVID-19 pandemic, many of us displayed rainbows in our windows as signs of hope.

Talk together about what a sign of hope during Advent could be, e.g., a candle shining light in the darkness, or a star.

Provide the children with paper, pens and collage materials and encourage them to make a symbol of hope, to take home and display in their window. They could use black paper and tissue to create a "stained glass window" effect.

## Prayers

God of hope,  
help us to bring your hope to the world.  
Help us to be your hope to each other.  
Help us to root our hope in you.

**Amen**

Loving God,  
for the times when we have not received your hope,  
when we have tried to live our own way,  
we are sorry.  
**Amen.**