

## Key for age groups:



Infant



Juniors



Seniors

## Church session for the Summer

### Walk of Awareness

*Drawing close to God through walking*

During your summer holiday, whatever you are doing, take time to walk and wander. Looking for God's presence as you wander; stopping to listen, watch, touch, smell, and collect items to use at the end of the walk.

#### Craft Activity - All ages

**You will need:** Collection from your walk; leaves, flowers, sticks, photos

Create a collage with the collected items and reflect on how the experience helped you feel and drew you close to God.

Not everybody will go away on holiday, whether you do or not. Have some fun creating holidays at home. All Ages can explore.

#### A day at the beach

- Create a beach using play sand on a large tarpaulin and fill a child's paddling pool.
- Invite people to dress for the beach and play age-appropriate beach games; make a mini-crazy golf; have a puppet show; do beach crafts.
- Make a picnic, don't forget the ice cream

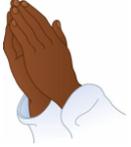
#### A day in the country

- Decorate the space as a country fair with bunting - make your own bunting from paper and string.
- Make a game of bowls. Use recycled plastic bottles for the skittles, filled with different amount of water, see how many you can knock down with a ball.
- Make a target game using recycled food cans to knock down with a sponge ball or bean bag.
- Have a nice cream tea
- Re use the plastic bottles fill to the top with water and add glitter and a small amount of cooking oil for a prayer larva bottle. Give the bottle a good shake and sit quietly in prayer as you watch the glitter swirling around and slowly settles.



### A city break

- Choose a city and show a short film about. Alternatively go online and do a museum or gallery tour together.
- Research information on the city and create a poster or a travel guide for visitors.
- Cook food that represents the city or country
- You could also dress up, if the city/country has a traditional dress.



### A summer prayer

As we rejoice in summer recreation,  
bless, loving God, those whose lives feel destroyed.

As we find a stillness for rest and refreshment,  
bless, loving God, those whose lives are defined by relentless care.

As we delight in new places visited on holiday,  
bless, loving God, those imprisoned by poverty of wealth or ambition.

As we find adventure in activities both fun and frightful,  
bless, loving God, those for whom illness and incapacity have become barriers.

As we find refreshment from routines and daily rituals,  
bless, loving God, those whose lives can never find free space or time.

**Amen.**

### For the Summer:



#### Family Activity

Keep a summer journal, perhaps sitting down together to write it, or taking turns. Consider the questions: What things do you do, and where do you go? What are your prayers? When do you feel close to Jesus? What is he saying to you? Stick in mementos and add verses from the Bible that are important to you. This will become a great record of what you learn from God this summer which you can look back on. You can also include details from earlier in the year – this could be an ongoing project.

#### Individual Activity

Draw around your foot on a piece of paper or using chalk on a pathway. What step of faith is God calling you to take right now? Say a prayer or write one inside your foot shape, as you ask God to guide you as you take the next step forward.

