

## Top Tips on Family Worship at Home

Whilst some families might not be attending services, we hope to resource households to continue to worship and pray together and be a place of Christ's light in our world during these uncertain days.

Here are some top tips to get started:

- 1) Find a time in the day that works for you.
- 2) Don't expect it to be silent - it will be messy! Go with the flow.
- 3) Encourage everyone to contribute, both adults and children.
- 4) Be flexible on timing and ready to adapt or shorten the session if your children get restless - there's no point in making this a battle!
- 5) Use the events of the past few days to explore where you've each met God or seen him at work.
- 6) Involve your children and young people with what the church is doing during this CV-19 crises – suggestions can be found in the **Action** section.

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### A Junior Church session for Sunday 22<sup>nd</sup> November

**Big Idea:** [Jesus, King of Compassion](#)

#### **Starter activity:**

**A quiet way to begin your session.**

Ask the children to draw a picture of something that isn't fair.

It could be something that they have seen in school or on a sports pitch. Ask them how they instinctively feel when they see something unfair. Then encourage the children to add something to their drawing that would make it seem fair, e.g. a foul on a football pitch – a referee giving a yellow card.

#### **An active way to start your session**

As a family, play a game outside. It could be a ball game, or a competition to see you can collect the most leaves or twigs. Build an "unfair" element into the game e.g. the ball doesn't get passed to someone, or the person who collects the most is not "the winner". Use this to discuss what is fair and unfair



## Bible Story: **Matthew 25.31-46**



Jesus said, 'When the Son of Man comes in glory, the whole world will be gathered before him and he will separate people as a shepherd separates sheep from goats. He will put the sheep on his right and the goats on his left. He will say to those on his right, "Come, you are blessed by my Father; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me."

'The sheep will answer, "When did we see you hungry and give you food, or thirsty and give you a drink? When did we meet you as a stranger and welcome you, or see you naked and give you clothing? When did we see you sick, or in prison, and visit you?"

'The king will say, "Whatever you did to the least important members of my family, you did it to me."

'Then he will say to those on his left, "Get out, worthless goats! You are good for nothing. For I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, I was naked and you did not give me clothing, sick and in prison and you did not visit me." The goats will answer, "When did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not take care of you?"

'He will answer, "Because you did not do it to the people in need, you did not do it to me. And the goats will be sent to eternal punishment and the sheep to eternal life.



### **I wonder...?**

- What did the people described in the story as sheep have in common?
- Did the people in the story know when they had been kind?
- Do you need to know a person to be kind to them?
- What was the last thing someone did that made you feel cared for?



### Creative Prayer Activity: Feeling Sheepish (younger children)

Design a sheep mask and think about what might make a person a sheep

**You will need:** paper plates, scissors, glue, cotton wool, pens.

- Take a paper plate. Help child to cut eye holes in the middle, a suitable size that will make a mask (pre-cut these for younger children).
- Glue cotton wool onto most of their paper plate surface, leaving space to draw on ears and a mouth.
- Ask the children to think about the characteristics that the sheep in the story had and to then write those on the back of their mask, e.g. kind, caring, compassionate. Explain that any time they hold the mask to their face, they'll be reminded of those things



### Creative Prayer Activity: Poster campaign (Older children)

Create a poster to encourage people to be kind to others. You will have to choose some ways that people could do this first. You may want to look at posters and adverts from organisations such as Crisis, Oxfam and Shelter



### Prayers:

Lord Jesus,  
may we keep other people in our hearts  
as we worship with joy;

may we remember those  
who are fearful or crying today;  
let us be filled with your compassion.

**Amen.**



### For the week: Questions for reflection

Is it hard or easy to be kind?

Can you think of anyone you could show some kindness to this week?

How can we be kind to people we don't know?

### (Older children)

Find out more about All Saints involvement with the Food Bank and The Robes Project  
Which charities do you support? (in school and at home)